

# St. James Episcopal Church Weekly Newsletter

February 20, 2026

Please join us  
In person at 8:00 a.m. online or in-  
person at 10:00 a.m.  
We hope to see you on Sunday!



## SERVICE ON FACEBOOK LIVE

Our online worship  
service is at 10:00 a.m.  
The link will be on our  
website at:  
[www.saintjamespr.org](http://www.saintjamespr.org)



Coffee Hour after the 10:00 a.m. service.

## SILENT AUCTION



We have a few silent auction items left in the  
hall. Please pick up and pay on Sunday,  
otherwise they will go to the next bidder.  
Thank you!

## Service SCHEDULE

### THANK YOU FOR SERVING ON SUNDAY, FEBRUARY 22

IN-PERSON & ONLINE 10:00 A.M.  
PRESIDER: THE REV. RUSS GORDON  
DEACON: THE REV. JAMES ARNOLD  
EUCCHARISTIC MINISTER: LUCY SIMOLA  
LECTOR: CAROL HUNGERFORD  
SPANISH GOSPELLER: PEGGY BEEMER  
USHERS: DALE & PATTY BRECKOW  
TECH: ROBERTO QUINTERO  
COFFEE HOUR: BONNIE RAILSBACK  
VESTRY ON DUTY: GRIGGER JONES  
ALTAR GUILD: TEAM C  
COUNTERS: DALE & PATTY BRECKOW

### SUNDAY, MARCH 1

IN-PERSON & ONLINE 10:00 A.M.  
PRESIDER: THE REV. RICHARD ROLLEFSON  
DEACON: THE REV. JAMES ARNOLD  
EUCCHARISTIC MINISTER: BECKY HEWATT  
LECTOR: VALARIE CRANDAL-LOWMAN  
USHERS: DENNIS & BETSY BRECKOW  
ACOLYTES: ALIE HASTINGS & REBECCA ARROYO  
TECH: NEWLIN HASTINGS  
COFFEE HOUR: LIZ & NEWLIN HASTINGS  
VESTRY ON DUTY: BECKY HEWATT  
ALTAR GUILD: TEAM A  
COUNTERS: LIZ & NEWLIN HASTINGS



If you see an error above, no need to contact the  
office. Please check the service schedule for the  
correct information. Thank you!

## FEEDING THE HUNGRY



### FEBRUARY SPECIAL GIVING

Why are we always asking for donations of casseroles and cookies? Because for several years St. James

has been providing two evening meals a month to the ECHO Shelter which has been serving over 100 people a night.

On the third Wednesday we also make and deliver 40 lunches consisting of a turkey and cheese sandwich and condiments, a small bag of chips, a cup of applesauce, and two cookies.

Our assigned days are the third Wednesday and third Friday of each month. For each meal we deliver 10 casseroles (each serving 10), 7 loaves of buttered and sliced French bread, two large trays of green salad which includes tomatoes and grated carrots and dressing, and a dessert of brownies or cookies.

And how do we possibly do this? Only because of the amazing offering of time and talent and money by many people from our congregation. Some people donate money to cover the cost of various food items and supplies such as aluminum pans and paper bags. For the Wednesday meals three people make 10 casseroles. For the Friday meals we use the donated casseroles that are in the freezer. People donate cookies – lots of cookies! It takes 15 dozen cookies to serve everyone. One person bakes and donates brownies for the Wednesday meals. One person makes and donates the salads for both meals. One person makes and bags 40 sets of cookies for the lunch bags. One person turns on the oven to heat. Another puts the casseroles into the oven at the appropriate time. Others butter, slice, and wrap 7 loaves of bread for heating. One team makes the sandwiches. Another team fills the lunch sacks. Others take everything out of the oven, put the hot items into transport boxes, and deliver everything to the shelter. St. James has an incredible team of volunteers!

Please make your check, payable to St. James, and designate Feeding the Hungry on the line.

## EVENTS

Mark Your Calendar

March 29	Palm Sunday (one service)
April 5	Easter Sunday
April 12	First Communion
May 10	Confirmation

### OUTREACH NEEDS

Our outreach for Feeding the Hungry continues to grow. We used to serve between 60-80 people per month and we have increased our meals due to a greater need. We are currently serving approximately 200 people per month. We are requesting help in meeting our present needs. We need some help with both casseroles and cookies. If you can help, please contact Marilyn Gerber.



We have pans for the casseroles in the narthex-- please see the links below for some casserole ideas (in case you are stumped for what to make).

<https://www.thepioneerwoman.com/food-cooking/meals-menus/g31929060/easy-casserole-recipes/>

## PLEA FROM YOUR DEACON



Dear people of St. James:

We have been asked to collaborate with our neighbor, the United Methodist Church, in assisting the ministries of 'Faith Communities and Neighbors in Action' by collecting needed resources to support those who are living in fear of detention and deportation. Below is a list of items that are needed and would be easy for us to collect. I will place a specially-marked bin in the parish hall for collection of these items and then take them over to the United Methodist Church, who will distribute them to families on regularly scheduled days. It would be an easy thing for all of us to add one or more of these items to our routine grocery lists and then bring them to the church for distribution, and a realistic and worthy local ministry for St. James. I know you are all doing a lot already, but I also know that your hearts are always capable of further expansion in your ongoing love of your neighbor. With much gratitude and thanks, Deacon Jim!

Rice – 2 or 4 lb bag  
Sugar – 4 lb bag  
Canola oil – 48 oz  
Strawberry jam – 32 oz  
White corn tortillas  
Peanut butter – 16 oz  
Evaporated milk  
Pinto beans – 16 or 32 oz bag  
Pancake mix – 32-56 oz box or bag  
Pasta  
Instant coffee – 8 oz jar  
Chicken bouillon – 16 oz  
Oatmeal – 25 oz  
Cereal in box  
Water – gallon bottle  
Apple juice  
Diapers



## THE EMPOWERED CAREGIVER SERIES

Thursday, February 5

1:00pm-2:30pm

### ***Building Foundations of Caregiving***

Explore the roles of caregivers and the changes experienced. Learn about building a support team, community resources to assist & managing caregiver stress.

Thursday, March 5

1:00pm-2:30pm

### ***Supporting Independence in Dementia***

This session will focus on helping the person living with dementia take part in daily activities. Learn about providing the right amount of support while balancing safety, independence and managing expectations.

Thursday, April 2

1:00pm-2:30pm

### ***Communicating Effectively with People with Dementia***

Learn tips for communicating with people with dementia, enhance your ability to listen, adapt quickly & respond with empathy in unpredictable situations. Learn to encourage validation of a loved ones' expressions & emotions while fostering more meaningful & positive interactions.

Thursday, May 7

1:00pm-2:30pm

### ***Responding to Dementia-Related Behaviors***

Explore common behavior changes & how they are a form of communication. Learn non-medical approaches to behaviors & recognize when additional help is needed.

Thursday, June 4

1:00pm-2:30pm

### ***Exploring Care & Support Services***

This program examines how best to prepare for future care decisions and changes, including respite care, residential care, and end-of-life care.



**The Oaks of Paso Robles**

526 S. River Rd.

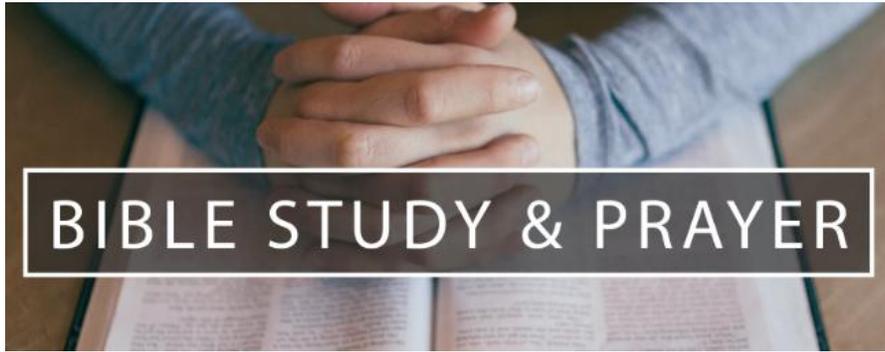
Paso Robles



Westmont®  
The Oaks at Paso Robles

[Register in Advance: 800.272.3900](tel:800.272.3900)

**Inquire about limited respite support available in advance!**



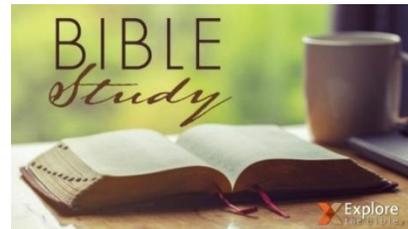
### WEDNESDAY EVENING SERVICE



This week our Wednesday Evening Service is at 6:00 p.m. on Zoom. If you would like to join us, the link is shown below.

<https://us06web.zoom.us/j/97618986631?pwd=QUF6aUduWE9vUFJlQ2lzbmNYaWplUT09>

Meeting ID: 976 1898 6631      Passcode: 820301



All are invited to meet on Thursday mornings at 11am for a one-hour bible study via Zoom. The Zoom link is on our webpage. Each week we look at the Gospel lesson for the upcoming Sunday by reading the passage from the New Revised Standard Version of the Bible, The Message, and The Voice. Each translation offers a slightly different perspective on the lesson. Please join us! <https://zoom.us/j/97608924151?pwd=SVJscVUzaEU4c25GcEtKZlQvNoVldz09>

Meeting ID: 976 0892 4151  
Passcode: 516838

The Women's Prayer Group meets for breakfast on the second Wednesday of each month at 9:00 a.m. in the parish hall.



GRIEF  
SUPPORT  
GROUP



Our Grief Support Group will meet on the fourth Tuesday of each month at 12:30 p.m. in the parish hall. Please bring a sack lunch, if you'd like.



The Brotherhood of St. Andrew will meet monthly. We welcome all men from St. James! Please contact Deacon Jim for more information.



**TEAM A**

Bonnie Railsback  
Alice Jones

**TEAM B**

Carol Hungerford  
Kathy Barton  
Kathy Currie

**TEAM C**

Laura Learned  
Marilyn Gerber  
Sue Thorson

# Vestry

Senior Warden:	Laura Learned
Jr. Warden & Diversity Development:	Cynthia Mosely
Education:	Peggy Beemer
Finance:	Dennis Breckow
Worship & Music:	Mark Plants
Administrative Communication:	Chuck Barton
Columbarium	Lee Adinolfi
Stewardship	Kathy Currie
Diversity Development	Judi Dod



**BIRTHDAYS**

February 1	Aldin Ferrell
February 6	Chuck Barton
February 10	Kathy Barton
February 23	Mac Learned

**ANNIVERSARIES**

February 5, 2022 Donna & Kim Cruciani

PLEASE KEEP IN YOUR PRAYERS  
Hart Doris Theresa

PARISH CYCLE OF PRAYER  
We give thanks for the life & ministry of:

Susie Adams  
Lee & Tony Adinolfi  
Doug & Margie Allred  
Deacons Jim and Susan Arnold  
Bolivar & Lizette Arroyo  
Chuck & Kathy Barton  
Peggy Beemer & Pedro DeSasia  
Marc & Betty Behymer  
Dale & Patty Breckow  
Dennis & Betsy Breckow

# DELEGATES



**Delegates:**

Becky Hewatt  
Kathy Barton  
Rosaleen Runnals

**Alternates:**

Laura Learned  
Jimmy Ciccolo